

गायत्री मंत्र

Gayatri Mantra — The Gayatri · Rishi Vishvamitra

ॐ भूर्भुवः स्वः
तत्सवितुर्वरेण्यं
भर्गो देवस्य धीमहि
धियो यो नः प्रचोदयात् ॥

Meaning

The Gayatri Mantra is one of the most ancient and powerful mantras from the Rigveda. It is a prayer to the divine light within and without, asking for illumination of the mind and guidance toward wisdom and truth. Traditionally chanted at sunrise and sunset, it represents the universal prayer for enlightenment.

Benefits

- Enhances concentration and mental clarity
- Promotes spiritual awakening
- Brings peace and inner harmony
- Develops wisdom and intellect
- Protects from negative energies